

Lampiran I

Asesmen fisioterapi untuk pemilihan sampel penelitian

No	Asesmen	Fokus Asesmen	Hasil
1	Anamnesis	Data diri, keluhan, sifat keluhan, lokasi, distribusi dan provokasi gangguan fungsional	Nyeri pegal pada punggung atas, nyeri meningkat saat ekstensi torakal
2	Inspeksi	Postur	Hiperkifosis torakal, Forward Head Postion

Sumber: J Orthop Sport Phys Ther, 2010

Lampiran IV

Uji Normalitas

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Sebelum1	,117	8	,200 [*]	,981	8	,965
Sesudah1	,110	8	,200 [*]	,982	8	,974
Sebelum2	,236	8	,200 [*]	,903	8	,309
Sesudah2	,198	8	,200 [*]	,926	8	,479
Selisih1	,302	8	,030	,886	8	,217
Selisih2	,162	8	,200 [*]	,952	8	,731

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

Nilai Mean dan SD

Statistics

		Sebelum1	Sesudah1	Sebelum2	Sesudah2	Selisih1	Selisih2
N	Valid	8	8	8	8	8	8
	Missing	0	0	0	0	0	0
Mean		85,875	89,750	97,250	100,688	4,125	3,563
Std. Deviation		6,5506	6,6975	9,0947	9,2888	,9543	,7763

Statistics

		Usia1	TB1	Usia2	TB2
N	Valid	8	8	8	8
	Missing	0	0	0	0
Mean		22,25	160,38	21,13	162,50
Std. Deviation		2,765	4,658	2,100	8,106

Uji Homogenitas

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
sebelum	Equal variances assumed	1.270	.279	-2.528	14	.024	-10.46875	4.14051	-19.34926	-1.58824
	Equal variances not assumed			-2.528	12.734	.026	-10.46875	4.14051	-19.43280	-1.50470

Uji Hipotesis I

Paired Samples Test

		Paired Differences					t	df	Sig. (2-tailed)
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference				
					Lower	Upper			
Pair 1	Sebelum1 - Sesudah1	-3,8750	1,1573	,4092	-4,8425	-2,9075	-9,471	7	,001

Uji Hipotesis II

Paired Samples Test

		Paired Differences					t	df	Sig. (2-tailed)
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference				
					Lower	Upper			
Pair 1	Sebelum2 - Sesudah2	-3,4375	,5630	,1990	-3,9082	-2,9668	17,270	7	,001

Uji Hipotesis III

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
selisih	Equal variances assumed	.028	.869	-.468	14	.648	-.12500	.26726	-.69822	.44822
	Equal variances not assumed			-.468	13.176	.648	-.12500	.26726	-.70160	.45160